

2023 Student of the Year: Student Statement Guideline

Your personal statement around your impact on the organization, self and institution is heavily weighted at 45% of your overall application. Please provide examples of your contributions and elaborate where possible (500 – 700 words).

Below are some helpful tips and guidelines to completing your personal statement:

1. Impact on Organization:

- Brief overview of key job accountabilities and how you performed above and beyond your employer's expectations and job description (i.e. cost savings, process/quality improvements, design/development innovations, improved customer service, significant research or other initiatives, etc.)
- Your contribution of your knowledge, critical thinking, team work and/or any other interpersonal skill(s) such as communication, initiative, leadership, etc.
- Increased responsibilities as a result of your overall performance, such as being assigned an extra project

2. Impact on Self:

- How co-op/internship has enhanced your personal, academic, and career development.
- The impact your co-op/internship experience has had on your technical knowledge and understanding of your program of study.
- How co-op/internship has improved your professional and transferrable skills.
- How has co-op/internship affected your passion for your field.

3. Impact on Institution:

- How you've helped promote co-operative education to peers in the Lassonde community.
- Examples of how you've helped other students succeed in co-op (job search, resume, interview).
- Actions that helped build Lassonde's reputation through your co-op contribution.
- Overall involvement in the Lassonde School of Engineering and/or broader York University community.