

Shadow a LURA student

Are you a 1st, 2nd or 3rd year student interested in learning about research and all that it entails but don't know where to begin? The "Shadow a LURA Student" Initiative allows students a limited-time opportunity to learn all they can about research without a long-term commitment.

Students interested in the Lassonde Undergraduate Research Award (LURA) and the NSERC Undergraduate Student Research Award (USRA) programs may use this opportunity to shadow a LURA student in the Fall or Winter terms and learn what the program is all about and build connections that may assist them in finding host supervisors for the summer research programs.

Who can Apply:

This opportunity is open to all domestic 1st, 2nd, and 3rd year Lassonde undergraduate students.

Number of Spots:

There may be up to 20 shadow spots available in the FW 2026-27 year with 4 of them allocated to international students registered at Lassonde.

How to Apply:

Students are asked to submit their application via an online form and will be matched on a first-come, first-served basis by the Research Support Office staff. Once matched, the undergraduate student will be introduced to the LURA student so that they can set up a date and time for the shadow activity.

Application Deadline: September 15, 2026, by midnight, via the [machform](#).

What is the Shadow Activity:

Selected students will be invited to shadow a LURA student for a couple of hours (2 hours maximum). Undergraduate students will be matched with undergraduate students participating in Fall/Winter LURA based on their interests and the suitability of the project: for example, experimental-based research may be more appropriate than simulation-based research.

The LURA student will conduct their work and explain to the visiting student what they work on. Ideally, the hosting lab members will make efforts to promote research to the visiting student, for example through presentations or discussions.

Selected students are requested to take the appropriate required safety training and follow safety protocols during the shadow activity.

The Research Support Office will follow up with both participants and LURA student/supervisors on the success of the shadow activity.

Timeline:

A maximum of 2 hours of shadow time with a LURA student under the supervision of the host professor.

- 2nd year students will be encouraged to conduct the shadow activity in the Fall term, so that they can submit a LURA application the following semester.
- 1st year students will be encouraged to conduct the activity in the Winter term, with the goal of them applying for LURA the following year.

Perks of being a Shadow Student:

- 1st year students enrolled in Eng1101/1102, will be allowed to count the participation as a Minor Experiential Learning Activity. Students must provide confirmation of participation and a short reflection on their experience to the course director to count towards the activity. Details can be found in the course syllabus.
- Participating students will be invited as guests to the next LURA conference.

If you have further questions, please contact the Research Support Office (RSO) at resday@yorku.ca.